

PGY-1 Didactics - Fridays 1-4 PM

Block 1	Date	1:00 - 2:00 pm		2:00 - 3:00 pm		3:00 - 4:00 pm		Location
Depression	6/24/22	Suicide Risk Assessment	Schreiber	Evaluation of Patients in the ER	Schreiber	Wellness	Ela	Virtual
	7/1/22	Professional Development: Giving effective feedback	Stewart	Professional Development: Giving effective feedback	Stewart	Chief Check-In	Chiefs	2115
	7/8/22	Psychotherapy Workshop: Intro to supportive psychotherapy	Liao	Psychotherapy Workshop: Patient interview	Liao	The DMV Mental Health System	Simpson	5W
	7/15/22	Postponed	Akil	CBT Skills for inpatient psychiatry	Sankin	Risk Assessment Documentation & CSSR-S	Amberge	2115
	7/22/22	Professional Development: Available Resources at Dalhousie	Hartmann	Psychoeducation	Perras	Intro to Journal Club	Amberge	Virtual
	7/29/22	Phenomenology: Depressive disorders	Moser	Antidepressants	Moser	Journal Club #1: STAR-D	Moser	Virtual
	8/5/22	Psychopharmacology Overview	Matuella	Psychopharmacology Overview	Matuella	Wellness	Ela	2115
	8/12/22	Biopsychosocial Formulation	Esiobu	Neurosci/Neuropsych: 3D Brain App / "Who Are You?"	Akil	Acute anxiety management in the severely mentally ill	Nasrulla	Virtual
Block 2	8/19/22	Phenomenology 3: Psychosis I	Barseghian	Phenomenology 4: Psychosis II	Barseghian	Journal Club #2: CATIE	Barseghian	Virtual
Psychosis	8/26/22	The Neurobiology of Fear	Akil	Antipsychotics	Xiong	Antipsychotics	Xiong	2115
	9/2/22	Clinical Skills Workshop #1: Patient interview (Ben)	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela	5W
	9/9/22	Involuntary hospitalization	Pilgrim	Involuntary hospitalization	Pilgrim	Chief Check-In	Chiefs	Virtual
	9/16/22	Liaising with the ER	Matuella	Psychotherapy Workshop: Transference & Countertransference	Ela	Psychotherapy Workshop: Patient interview	Ela	5W
	9/23/22	Clinical Skills Workshop #2: Patient interview (Felicia)	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Interdisciplinary Work	Clark	5W
Block 3	9/30/22	Managing Personality, Antisocial Behaviors, and Malingering	Schreiber	How to approach a consult	Schreiber	Wellness	Ela	Virtual
Personality d/o	10/7/22	Phenomenology 12: Personality disorders	Selke	Therapeutic alliance and adherence	Selke	Journal Club #3: RAISE	Selke	Virtual
Trauma	10/14/22	Clinical Skills Workshop #3: Patient interview (Ashley)	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Journal Club #4: Ketamine	Amberge	5W
	10/21/22	Anti-Racism Curriculum	Bandealy/William	Anti-Racism Curriculum	Bandealy/William	CSA's and Severe Mental Illness in the DMV	Allen	Virtual
	10/28/22	Neurosci/Neuropsych: Epigenetics and Trauma	Akil	Professional Development: Teaching How to Teach	Epstein	Wellness	Ela	2115
	11/4/22	Phenomenology 6: Trauma and related Disorders	Experton	Mini-PRITE: Trauma and Related Disorders	Experton	Journal Club #5: ACES study	Experton	Virtual
	11/11/22	Psychotherapy Workshop: Motivational Interviewing	Kaltman	Psychotherapy Workshop: Patient interview	Kaltman	Chief Check-In	Chiefs	5W
	11/18/22	Clinical Skills Workshop #3: Patient interview (Josh)	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Mindfulness - Introduction to Principles	Cooper	5W
	11/25/22	Thanksgiving						
Miscellaneous	12/2/22	Neurosci/Neuropsych: Adult Attachment Style	Akil	Intro to Women's Mental Health	Matuella	Intro to Perinatal Psychopharmacology	Matuella	2115
	12/9/22	Intro to ADHD	Rao	Intro to ADHD treatments	Rao	Wellness	Ela	Virtual
	12/16/22	Intro to Quality Improvement (Part 1)	Barkil-Oteo	DBT Skills for inpatient psychiatry	Sankin	Chief Check-In	Chiefs	Virtual
	12/23/22	Christmas						
	12/30/22	New Years						
Block 4	1/6/23	Phenomenology: Anxiety disorders	Sruthi Poduval	Antianxiety Agents	Sruthi Poduval	Mini-PRITE: Anxiety disorders	Sruthi Poduval	Virtual
Bipolar	1/13/23	Clinical Skills Workshop #5: Patient interview (Sam)	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela	5W
Anxiety	1/20/23	Bipolar Disorder - Diagnosis	Stewart (John)	Bipolar Disorder - Acute Mania	Stewart (John)	Journal Club #6: STEP-BD	Stewart (John)	Virtual
OCD	1/27/23	Bipolar Disorder - Bipolar depression	Alex Capuco	Bipolar Disorder - Bipolar Maintenance	Alex Capuco	Mini-PRITE: Bipolar and Related Disorders	Alex Capuco	Virtual
	2/3/23	Psychotherapy Workshop: Listening	Liao/Ela	Psychotherapy Workshop: Patient interview	Liao/Ela	Wellness	Ela	5W
	2/10/23	Phenomenology: Obsessive-Compulsive Disorder	Neil Rustigi	Obsessive-Compulsive Disorder Treatment	Neil Rustigi	Mini-PRITE: OCD	Neil Rustigi	Virtual
	2/17/23	Neurosci/Neuropsych: Catatonia	Akil	Pharm: Mood Stabilizers	Xiong	Chief Check-In	Chiefs	Virtual
	2/24/23	Psychotherapy Workshop: Group Therapy	Liao/Ela	Psychotherapy Workshop: Group Therapy	Liao/Ela	TBD	TBD	5W
Block 5	3/3/23	Clinical Skills Workshop #6: Patient interview (Jon)	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela	5W
Neurocog d/o	3/10/23	Delirium & Geriatric Psychopharm	Joone Choi	ASCP: MINI-PRITE - Delirium/Geriatrics	Joone Choi	Journal Club #7: Delirium	Joone Choi	Virtual
Delirium	3/17/23	Resident Retreat						
	3/24/23	Clinical Skills Workshop #7: Patient interview (Tamara)	Liao/Bandealy	Clinical Skills Workshop: Psychiatric interview techniques	Liao	Chief Check-In	Chiefs	5W
	3/31/23	Principles of geropsychiatry	Sabai	Principles of geropsychiatry	Sabai	Wellness	Ela	Virtual
	4/7/23	Phenomenology: Sleep disorders	Hiroe Hu	Sleep psychopharmacology	Hiroe Hu	Mini-PRITE: Sleep	Hiroe Hu	Virtual
	4/14/23	Phenomenology: Neurocognitive Disorders	Powell	Treatment of Neurocognitive Disorders	Powell	Journal Club #8: Assessment of patients' competence to consent	Powell	Virtual
	4/21/23	Neurosci/Neuropsych: Alzheimer's Disease	Akil	Neuroscience/Neuropsychiatry: Movement disorders	Anderson	Neurosci/Neuropsych: Conversion Disorder	Anderson	2115

	4/28/23	Clinical Skills Workshop #8: Patient interview (Sammy)	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela	5W
Block 6	5/5/23	Psychotherapy Workshop: Personality Disorders	Sankin	Psychotherapy Workshop: Patient interview	Sankin	Psychotherapy Workshop: Patient interview	Sankin	5W
Substance Use	5/12/23	Phenomenology: Alcohol Use Disorder	Amberge	Mini-PRITE: Alcohol Use Disorder	Amberge	Journal Club #9: COMBINE	Amberge	Virtual
	5/19/23	Neurosci/Neuropsych: Alcohol & neuroplasticity (DoNut)	Akil	Intro to Quality Improvement (Part 2)	Barkil-Oteo	Anti-Racism Curriculum	Bandealy/Willia	Virtual
	5/26/23	Phenomenology: Substance Use Disorders	Danny Eddins	Substance Use Disorders	Danny Eddins	MINI-PRITE: Substance Use Disorders	Danny Eddins	Virtual
	6/2/23	Clinical Skills Workshop #9: Patient interview (Hajer)	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela	5W
	6/9/23	Neurosci/Neuropsych: Pain Circuitry	Akil	Neurosci/Neuropsych: Ques and cravings	Akil	Rising Chief Check-in & Primer for PGY-2 year	Rising Chiefs	2115
	6/16/2023	Opportunities for Scholarly Activities in the Department	Hoge	Intro to CL	Schreiber	Buprenophine	Cochran	Virtual
PGY 1 Bootcamp schedule (WEDNESDAYS 4:30 PM to 5:30 PM)								
			Date	4:30 - 5:30 pm			Location	
			6/22/22	Decisional capacity (postponed)	Liao		Virtual	
			6/29/22	Basic interviewing and mental status exam	Bandealy		Virtual	
Week of July 4 - no boot camp								
			7/13/22	Delirium & Decisional Capacity	Schreiber		Virtual	
			7/20/22	Violence Risk Assessment	Raatjes		Virtual	
			7/27/22	Intoxication and withdrawal management	Raatjes		Virtual	
			8/3/22	Self-care and resilience	Tsai		Virtual	
			8/10/22	Professionalism and Communication	Epstein		Virtual	
			8/17/22	Suicide Risk Assessment	Akil		Virtual	
PGY-1 JOURNAL CLUBS								
				Article			Intern / Teacher	
				Intro to Journal Club			Amberge	
				STAR*D: Sequenced Treatment Alternatives to Relieve Depression Study			Lee / Moser	
				CATIE: Clinical Antipsychotic Trials of Intervention Effectiveness			Hamilton / Barseghian	
				RAISE: Recovery After an Initial Schizophrenia Episode project			Huml / Selke	
				Antidepressant Efficacy of Ketamine in Treatment-Resistant Major Depression			Chen / Amberge	
				ACES: The Adverse Childhood Experiences Study			McGehee / Experton	
				STEP-BD: Systematic Treatment Enhancement Program for Bipolar Disorder			Pacheco/Stewart (John)	
				Delirium in Older Persons: Advances in diagnosis and treatment			Yin / Choi	
				Assessment of patients' competence to consent to treatment			Khan / Powell	
				COMBINE study			Kania / Amberge	