

what you should know & what you can do

## **Healthcare Support Person**

In the spirit of patient- and family-centered care, patients at Medstar Good Samaritan Hospital are allowed to have a family member, friend or a person of their choosing to be with them for emotional support, comfort and to alleviate fear. This is not meant to eliminate visiting hours, but to include whomever you, as our patient, want to be a part of your care process. Arrangements for your support person to be with you beyond normal visiting hours simply need to be approved by the nursing unit charge nurse.

As a patient, it's best that you have a trusted friend or family member with you during health care discussions, to help promote understanding. Patients who are unable to communicate or speak up for themselves are especially vulnerable and in need of a support person. The only exceptions would be if your chosen support person somehow infringes on the rights or safety of other patients, or if visitors would be prohibited for medical reasons.

At MedStar Good Samaritan, we will always do our best to provide you access to your health care support person, to support your wishes and your safety. Good Samaritan Hospital prohibits discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, gender, sexual orientation and gender identity or expression.