



988

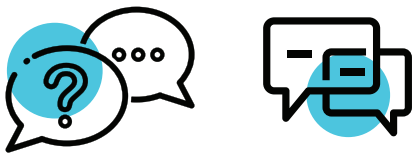
**SUICIDE
& CRISIS
LIFELINE**

New 988 National Crisis Lifeline.

Expanded network of centers to help people in emotional distress or experiencing a mental health crisis.

If you or someone you know is experiencing a mental health, suicide-related or substance-use crisis, call or text **988** to reach the national Suicide & Crisis Lifeline. You can also chat **988lifeline.org** for support.

Talk with us.



Moving to an easy-to-remember, 3-digit dialing code will provide greater access to life-saving services. By dialing **988**, you can now be connected to free, confidential mental health crisis resources. The number **988** operates out of the existing National Suicide Prevention Lifeline, which has been strengthened and expanded around the country with more than 200 local, independent, state-funded crisis centers. Dialing **988** serves as a universal entry

point so that no matter where you live in the United States, you can reach a trained crisis counselor who can help.

Need help for emotional distress or a mental health crisis? Call and text: **988** | Chat: **988lifeline.org**

It's how we treat people.



MedStar Health