

Urinary Symptom Questionnaire for Neurogenic Bladder - Intermittent Catheterization (USQNB - IC)

ACTIONABLE

- Feeling feverish
- Increased tone/spasticity (not bladder spasms)
- Bladder spasms frequency/discomfort
- Abdominal/suprapubic pain
- Dizziness
- Headache
- Autonomic Dysreflexia (AD) ****Spinal cord injury only****
- Increase in irritability (non-verbal children)
- Increase in fatigue, lethargy, or weakness (non-verbal children)

_____ Total "Actionable" Symptoms

BLADDER

- Change in quality of pain when passing urine
- Change in quality of pain during catheterization
- Incontinence/ urine leakage
- Urinary urgency
- Increase in catheterization frequency
- Decreased urine volume during catheterization
- Blood in urine

_____ Total "Bladder" Symptoms

URINE QUALITY

- Worse-smelling urine
- Darker urine
- Cloudier/ sediment in urine

_____ Total "Urine Quality" Symptoms

CONSTITUTIONAL

- Increase in fatigue, lethargy, or weakness
- Loss of appetite
- Malaise, feeling unwell
- Altered sleep patterns
- Irritability or mental slowing/confusion
- Muscle aches
- Increase in positional pain
- Back pain
- Pain in the legs
- Nausea
- Change in bowel patterns
- Generalized abdominal discomfort or bloating

_____ Total "Constitutional" Symptoms