

Urinary Symptom Questionnaire for Neurogenic Bladder-Void (USQNB-V)

ACTIONABLE

- Bladder spasm frequency/discomfort
- Difficulty ambulating
- Increase in tone/ spasticity (not bladder spasms)
- Sweating
- Feeling feverish
- Difficulty thinking, mental fogginess, forgetfulness
- Autonomic Dysreflexia (AD) ****Spinal Cord**

Injury ONLY**

- MS Flare-up (relapse, attack) ****Multiple Sclerosis ONLY****

_____ **Total "Actionable" Symptoms**

BLADDER

- Blood in urine
- Increased frequency of urination
- Urinary urgency
- Incontinence/ urine leakage
- Sensation of urgency
- Reduced urine volume
- Inability to fully empty bladder
- Weak urine stream

_____ **Total" Bladder" Symptoms**

URINE QUALITY

- Worse- smelling urine
- Darker urine
- Cloudier/ sediment in urine

_____ **Total "Urine Quality" Symptom**

CONSTITUTIONAL

- Malaise, feeling unwell
- Increase in fatigue, lethargy, or weakness
- Chills
- Nausea
- Vomiting

_____ **Total "Constitutional" Symptoms**