

Urinary Symptom Questionnaire for Neurogenic Bladder-Indwelling Catherization (USQNB-IDC)

Researcher: The USQNB-IDC is a validated measurement instrument designed to monitor urinary symptoms among individuals with neurogenic bladder who use indwelling catherization. The symptoms within the categories below are exchangeable and each category is considered different. Those can be used as outcomes for inclusion/exclusion and monitoring symptoms.

ACTIONABLE

- Feeling feverish
- Abdominal/ suprapubic pain
- Increased tone/ spasticity (not bladder spasms)
- Bladder spasm frequency/discomfort
- Sweating
- Flushing of the chest, neck or face
- Autonomic Dysreflexia (AD) ****Spinal Cord Injury ONLY****

_____ **Total “Actionable” Symptoms**

BLADDER

- Blood in urine
- Blood clots in urine
- Urinary urgency
- Incontinence/ urine leakage

_____ **Total “Bladder” Symptoms**

URINE QUALITY

- Worse-smelling urine
- Darker urine
- Cloudier/sediment in urine

_____ **Total “Urine Quality” Symptoms**

CONSTITUTIONAL

- Discharge, redness, or sensitivity around catheter site
- Increase or decrease from your usual blood pressure
- Diarrhea
- Numbness, tingling in your extremities
- Sense of burning in the extremities or throughout the body
- Increase in fatigue, lethargy, or weakness
- Generalized abdominal discomfort or bloating
- Back pain
- Pain below the level of injury
- Irritability, mental slowing/confusion

_____ **Total “Constitutional” Symptoms**