



Children's community health services.

A focused Children's Community Needs Assessment identified the following needs in southeastern Baltimore County, eastern Baltimore City, and western Harford County: Mental health; nutrition, exercise, and obesity; and asthma. MedStar Franklin Square Medical Center has committed \$1 million over five years to impact these areas with evidence-based services. The Children's Community Health Advisory Task Force, consisting of community partner organizations and providers, directed FY20 funds to support two initiatives: The Abilities Network, Inc. Healthy Families and healthcare navigation at Epiphany Community Center.

The Abilities Network, Inc. project expands home visiting services using the Healthy Families America (HFA) service model. This model provides families with parenting education; mental health/substance use screenings; support accessing community resources; mental health consultation; and breastfeeding, nutrition, behavior management, and child development education.

The Epiphany Community Center homeless prevention programs will serve households in southeast Baltimore County with case management to provide guidance in choosing a primary care physician, seeking mental health services, understanding behavioral health services in schools, and taking full advantage of preventive health services offered by health care providers.

Next year, six grants will be awarded to continue addressing identified needs and improve children's health in our communities.

A single mother of four, with anxiety and depression, made emergency room visits monthly for minor illnesses. The Epiphany Community Center arranged behavioral health treatment and primary care.

Letter from the president.

Dear Neighbors and Community Partners:

Throughout the COVID-19 pandemic, MedStar Franklin Square Medical Center remained steadfast in its commitment to fight COVID-19 while continuing to meet the healthcare needs of its community. We adapted several community programs to virtual settings, including birth education, smoking cessation, diabetes prevention, and wellness initiatives so that our patients could continue to meet their healthcare goals.

In 2020, two important community services included our children's health programs and the Peer Recovery Coach program. We allocated \$1 million over five years to support the implementation of evidence-based programs to improve children's mental health, nutrition, and asthma. Peer Recovery Coaches work in many areas of our organization to help individuals recover from substance abuse.

While the pandemic has changed some of the ways we support our community, we continue to advocate for the health of its members. We look forward to continuing this commitment in whatever form the pandemic permits. Thank you for your support.

Stuart M Levine, M.D., FACP
Senior Vice President, MedStar Health
President, MedStar Franklin Square Medical Center

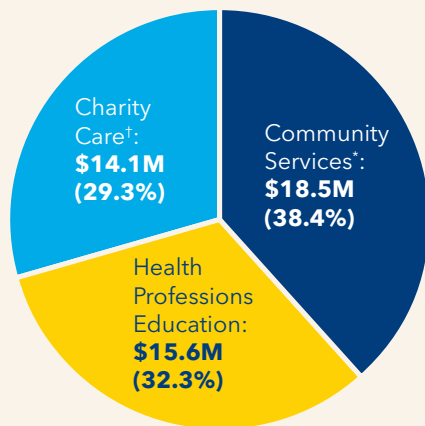
Finding a road to recovery.

Substance abuse recovery is a significant community need. MedStar Franklin Square's Peer Recovery Coaches (PRCs) are educated in coaching others toward recovery and are driven by their own personal experiences recovering from substance abuse. Some PRCs are state-certified as Peer Recovery Specialists (PRS) and have additional training in advocacy, ethics, mentoring, and self-help to facilitate their coaching efforts.



Gerry Smith, PRS, explains, "Part of the reason we have this job is that it helps us. Helping others keeps us on the straight and narrow; it reminds us of where we have been. This helps us help others find a road to recovery. It brings us joy when we succeed."

Our PRCs work in the Emergency Department, outpatient clinics, and Women's Pavilion, and provide overdose survivor outreach services as needed. They do not tell people what to do and do not make decisions for them. PRCs share their experiences and act as a cheerleader, information broker, and conduit to treatment. They explain the options that are available and advise on how to access those options. They participate in calls, assist with appointments, and help introduce our clients to treatment centers. In fact, personally walking a patient from "room to lobby to van" for treatment brings tangible, positive results.



2020 Community benefit contribution: \$48.3M

*Includes subsidies, community health improvement services, community building activities, financial contributions, and community benefit operations

†Includes Medicaid assessments

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