



MedStar Health



Healthcare services in the comfort of home.

Serving Maryland, DC, and Northern Virginia, MedStar Health Home Care provides in-home medical treatment and therapy services for patients recently discharged from the hospital and for those who are disabled or living with a chronic condition.

Skilled nursing

Home Care nurses review doctors' orders and assess patients' needs to create a personalized plan of care. Services include:

- Medication management
- Self-care education
- Symptom control and management
- Vital sign monitoring
- IV therapy and nutrition support
- Activities of daily living support
- Wound, ostomy, and continence care

Therapy services

Therapists help people improve their ability to live safely at home and regain strength and independence.

- Physical therapy
- Occupational therapy
- Speech therapy

Specialty programs

- Medical social work
- Fall prevention
- Telemonitoring
- Mental health
- Pain management

[MedStarHealth.org/HomeCare](https://www.MedStarHealth.org/HomeCare)
800-862-2166

**It's how we
treat people.**