



# MedStar National Rehabilitation Hospital

## **Occupational Therapy Fieldwork Objectives**

- I. **The student will demonstrate knowledge and basic skills in providing the following direct services in rehabilitative care:**
  - A. Determine which individuals would benefit from Occupational Therapy services based on explicit criteria:
    1. Identify information needed as related to performance, habituation and volition.
    2. Obtain information through:
      - A. written sources
      - B. interview with individuals
      - C. observation of individuals
      - D. discussion with other members of the interdisciplinary team
    3. Record Data
    4. Identify needs for further evaluation
    5. Report findings verbally and/or in writing to appropriate persons.
  - B. Assess individuals with a wide range of physical, psychological, and developmental dysfunction.
    1. Select assessment instruments/plan methodology for data collection in performance, habituation and volition.
    2. Administer assessment/collect data on occupational performance through:
      - A. interview
      - B. observation
      - C. testing
    3. Record results/scores
    4. Compare results/scores to norms
    5. Interpret and synthesize findings to identify strengths and weaknesses
    6. Analyze human performance and behavior in terms of occupational competence.
    7. Report findings verbally and/or in writing to appropriate persons.
  - C. Utilize all available data to establish, in collaboration with the individual and significant others, realistic long and short term goals and methods for implementation of occupational therapy
    1. Specify treatment areas as indicated by data gained from assessments.
    2. In consultation with patient and significant others, set long and short term goals.
    3. Select appropriate treatment techniques based on Occupational Therapy rationale.
    4. Consider limitations, barriers, contraindications and precautions for treatment.

5. Select various appropriate restorative, developmental and/or preventative activities/techniques that facilitate competence.
  6. Determine sequence of activities to obtain goals in all areas.
  7. Document and report treatment plan.
- D. Implement occupational therapy treatment and document appropriately.
1. Discuss long and short term goals with the patients and significant others.
  2. Establish relationships which enhance optimal individual performance.
  3. Guide individual selection of various appropriate activities and techniques.
  4. Prepare, structure or adapt materials and environment necessary for selected activity/technique.
  5. Observe medical and safety precautions.
  6. Engage individual in selected activity/technique.
  7. Direct individual performance.
  8. Observe and measure individual performance.
  9. Elicit the individual's volitional response regarding performance.
  10. Analyze, summarize, and interpret individual performance.
  11. Report or record observations of individual performance.
  12. Discuss performance with patient and significant others.
  13. Orient and instruct family and significant others in activities which support the therapeutic program.
  14. Collaborate with members of interdisciplinary team on methods to integrate program.
- E. Periodically evaluate effectiveness of occupational therapy and communicate appropriate objective and subjective information regarding evaluation, treatment planning, implementation and re-evaluation with the individual, Team Members and significant others.
1. Determine need for and scope of re-evaluation
  2. Compare results to previous date
  3. Describe change based on findings
  4. Compare change to stated goals of the treatment program
  5. Evaluate effectiveness of treatment program
  6. Recommend changes in treatment program as indicated

**II. The student will demonstrate professional behaviors and attitudes.**

- A. Participate in the supervisory process in a productive and mature manner.
1. Initiate contact when appropriate
  2. Prepare and organize specific concerns prior to supervision sessions
  3. Identify problems and accept responsibility for providing alternative solutions
  4. Recognize personal strengths and weaknesses
  5. Accept and process feedback, modify behavior accordingly in response to constructive supervision
- B. Exhibit professional decorum

1. Exhibit an appropriate attitude toward institutional, developmental and personal standards involving grooming, bearing and manner, professional ethics and etiquette.
2. Establish and maintain working relationships with colleagues, nonprofessional staff and patient/client and their families characterized by mutual respect and cooperative planning and problem solving
3. Assume authority appropriately
4. Discriminate personal needs from the needs of the individuals receiving treatment

C. Demonstrate responsibility for own professional growth

1. Participate in in-service programs
2. Demonstrate active interest in all areas in occupational therapy in addition to areas that extend beyond OT practice
3. Begin to participate in professional activities at the national and local level
4. Recognize current research and its impact on Occupational Therapy application

D. Demonstrate an awareness and understanding of the role of occupational therapy in total health care.

1. Interpret occupational therapy to others according to their level of interest and understanding
2. Explain occupational therapy from a theoretical perspective

**III. The student will demonstrate the following skills and understanding of service management:**

- A. Establish priorities for utilization of time and energy
  1. Plan daily schedule according to caseload
  2. Adjust pace to program requirements
- B. Supervise aides and/or volunteers as appropriate
- C. Prepare and maintain work setting, equipment and supplies
- D. Order supplies and equipment according to established procedures
- E. Ensure safety and maintenance of program areas and equipment
- F. Follow hospital and service policy and procedure