



MedStar National  
Rehabilitation Hospital

## **OCCUPATIONAL THERAPY** **BEHAVIORAL OBJECTIVES FOR COTA STUDENTS**

### **Week 1**

- A. Introduction to CI/Student Coordinator/Team
- B. Complete Traditions, hospital orientation
- C. Begin OT service orientation (tour, in-services, policies/procedures)
- D. Discuss expectations, workload, responsibilities, and ending caseload/groups
- E. Review student manual
- F. Orient to patient chart and paperwork
- G. Begin structured clinical observations of groups and 1:1 treatment
- H. Receive 1 patient from supervisor's caseload
- I. Begin participation in student seminar
- J. Meet with schedulers

### **Week 2**

- A. Ongoing observations
- B. Caseload of 1-2 patients, completing treatment/activity plans
- C. Observe PT or SLP groups or 1:1 treatment if appropriate
- D. Continue with scheduled student in-services
- E. Discuss group participation with CI and make decisions about group involvement (pick 2 groups)

### **Week 3**

- A. Caseload of 2-3 patients
- B. Continue observations as time allows
- C. Begin group 1 involvement
- D. Meet with group leaders to create plan of involvement

### **Week 4**

- A. Caseload of 3 + group 1
- B. Midterm evaluation using AOTA FWPE for COTA's. Student is responsible for self evaluation.
- C. Group 1 involvement continues (observation, planning, assisting therapists)
- D. Pick patient for video assignment and get consent
- E. Discuss appropriate co-treats with other disciplines or other OT's with CI and implement
- F. Begin observation of group 2

*Continued...*

**Week 5**

- A. Caseload of 4 + group 1
- B. Complete video assignment and discussion with CI
- C. Begin participation in group 2 as a co-leader
- D. Meet with group 2 leader to outline involvement

**Week 6**

- A. Caseload of 4-5 patients + 2 groups
- B. Cont. leadership of group 1 and co-leadership of group 2
- C. Discuss possibility of taking coverage for another OT
- D. Discuss possibility of taking a patient with another OT

**Week 7**

- A. Caseload of 5 + 2 groups
- B. Pick up coverage for other OT's
- C. Double patients if appropriate
- D. Discuss final preparation for last week of fieldwork (evaluations, terminating with patients, group, and giving away caseload)

**Week 8**

- A. Caseload of 5 + 2 groups
- B. Prepare coverage sheets for clinicians taking caseload
- C. Final Evaluations (AOTA FWPE, CI evaluation)
  - \* Student responsible for self evaluation, evaluation of CI, and field site evaluation)
- D. Closure (gait belts, ID, name tag, keys/key cards)