



MedStar Health

MedStar Health Wellbeing

Wellbeing Advocate Award **Nomination** **Form.**

MedStar Health has established the MedStar Health Wellbeing Advocate Award to recognize those who support associate wellbeing and efforts to develop associates' wellness throughout the system.

This award honors those who create, lead, and promote initiatives and act as role models to encourage a culture of wellbeing for associates and providers, focused on both personal and professional support and growth.

The Wellbeing Program Steering Committee presents this honor quarterly to promote the health and wellbeing of all associates as a key value of MedStar Health.

Criteria:

1. Leads, participates and supports wellbeing initiatives at their entity or on a system level; 2. participates in system-wide wellbeing committees and shares best practices; 3. integrates a wellbeing approach into daily operational functions, and 4. acts as an ambassador and role model for the culture of wellbeing.

Process:

1. Award description and nomination form is available on the MedStar Health StarPort site under Wellness.
2. Nominations can come from any associate.
3. The nomination form is submitted to the Wellness Committee
4. The Wellbeing Steering Committee will review all nominations and notify Executive Vice President and CMO and Senior Vice President and CNO of selection.
5. Nominee, entity president, CNO, CMO and nominator will be notified of selection

It's how we treat people.