



**MedStar Georgetown University Hospital (MGUH)
Department of Psychiatry
Division of Outpatient Child and Adolescent Psychiatry
AND
Center for Wellbeing in School Environments (WISE Center)**

Child and Adolescent Clinical Psychology Externship Training Program

MGUH's Department of Psychiatry is a multidisciplinary, community-and family-focused organization committed to strengthening the wellbeing of children and families through a culturally-informed, and healing-informed, approach. We have three tracks: Outpatient Mental Health, School-Based Mental Health and Adult/Health Psychology.

Program Overview: Adult Treatment/Health Psychology Track

This track is the newest track of our training program and consists of therapeutic supports for educators, administrators and school based staff at no cost. The track also includes a health psychology rotation which focuses on the intersection of social, psychological and biological factors that influence overall health.

Evidence-Based Psychotherapy:

- A. **Educator therapy rotation:** Individual or group-based, empirically supported treatments (e.g. CBT, Single Session Consultation) are provided to educators and school staff. Candidates for therapy are self-referred and/or referred by administrators. Services are provided virtually.
- B. **Health Psychology rotation:** The health psychology rotation offers externs a unique opportunity to train in an area of specialty with the goal of providing mental health services focused on promoting health and overall physical and psychological wellbeing.

Fort Lincoln Family Medicine: Externs will rotate a full day at the clinic. Training will focus on brief patient care intervention/health psychology and primary care mental health consultation. Externs will have the opportunity to work directly with medical residents as part of an integrated Behavioral Health Team.

- Training day: Monday
- Onsite supervision will be provided by Dr. Keri Kirk
- Additional opportunities available: Research on health behaviors and social context of obesity and cardiovascular disease

Location: Fort Lincoln Family Medicine, 4151 Bladensburg Rd, Colmar Manor, MD 20722; p: 301-699-7700; f: 301-779-9001

Lombardi Cancer Center : Externs will rotate a full day at the clinic. Training will focus on patient care with adults diagnosed with cancer. Externs will learn to utilize specific distress screeners to determine proper supports for the client.

- Training day: Flexible with a preference for Thursday or Friday
- Onsite supervision will be provided by Dr. Kimberly Davis
- Additional opportunities available: Research on cancer prevention and control, distress screening and follow up

Location: 2115 Wisconsin Avenue Suite 200 Washington DC

Supervision:

Individual in-person weekly supervision will be provided by licensed clinical psychologists. A primary focus of supervision is increasing the extern's understanding of the intersection between biology, psychology, behavior and health in the treatment process. Supervision models with a cultural basis are utilized throughout the training process.

All externs will also have the opportunity to take part in quarterly group supervision with other psychology externs to gain broader viewpoints and a greater understanding of the interface of psychotherapy, community mental health, and hospital medical care. Externs will also have the opportunity to take part in weekly interdisciplinary group supervision and/or consultation with other externs, school-based social workers, school-based psychologists, and school-based psychiatrists as well as didactics specific to health psychology. Given our faculty's strong commitment to training, externs are afforded the opportunity to collaborate with many experts in our field, depending on their specific interests.

Didactics:

- Adult/Health Psychology externs will attend weekly didactic seminars tailored to meet their training needs and interests. In addition, (virtual) attendance at Adult Psychiatry Grand Rounds is recommended. Grand Rounds are held twice a month on Thursday afternoons. Externs also have the option to attend additional weekly didactics sessions alongside child and adolescent psychiatry fellows, residents, and/or externs as is topically relevant.

Qualifications:

Applicants should be doctoral externs in Clinical, Counseling, or School Psychology entering their 3rd year or higher and have experience delivering psychotherapy.

Time Requirement:

Two days per week (~8:30am to 5:30pm) is preferred. One day per week rotations are considered, if applicable.

- Day 1: Focus on Educator therapy (virtual)
- Day 2: Focus on Health Psychology (Lombardi or Fort Lincoln)

Caseload Requirement:

It is recommended that externs carry a weekly caseload of 5-6 individual patients. Caseloads numbers will be at the discretion of the site supervisor and externs.

Number of Positions Available:

One to two externs will be recruited to begin in August 2022.

To note, only a select number of the most competitive applicants will be offered interviews, and interviews will be offered on a rolling basis. As such, early submission of application materials is highly encouraged.

To apply:

***We will begin accepting applications Monday January 3, 2022.**

Please send the following information to the email address below:

- Letter of Interest, *stating the specific track(s) in which you are interested*
- CV
- 2 letters of recommendation from current or previous clinical supervisors
- 1 recent assessment report

****If interested in the school-based track, please email training@medstarwise.org, and cc Dr. Denisha Carter (Denisha@medstarwise.org) and Ms. Jordan Smith (Jordan.L.Smith@gunet.georgetown.edu). Further information is available at <https://www.medstarwise.org/training>.**

****If interested in the outpatient mental health track, please email Dr. Denisha Carter (Denisha.L.Carter@gunet.georgetown.edu) and Ms. Jordan Smith (Jordan.L.Smith@gunet.georgetown.edu).**

****If interested in the Adult/Health Psychology track, please email Dr. Denisha Carter (Denisha.L.Carter@gunet.georgetown.edu) and cc Dr. Keri Kirk (kfk30@georgetown.edu) and Dr. Kimberly Davis (Kimberly.Davis@gunet.georgetown.edu).**

Application deadline:

February 7, 2022 or before. Offers are extended on a rolling basis; however, externs are not required to accept or decline offers until Consortium Match Day.

Contact Information:

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Center for Wellbeing in School Environments

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