

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
 Day/Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Diagnosis: \_\_\_\_\_  
 Goals/Comments/Special Instructions: \_\_\_\_\_  
 Follow-up Visit (with referring physician) \_\_\_\_ / \_\_\_\_ / \_\_\_\_

- |   |   |
|---|---|
| <input type="checkbox"/> <b>Physical Therapy</b> Frequency ____ Duration ____ (wks/visits)                    | <input type="checkbox"/> <b>Physiatry/Physician Services</b><br>Frequency ____ Duration ____ (wks/visits) |
| <input type="checkbox"/> <b>Occupational and/or Hand Therapy</b><br>Frequency ____ Duration ____ (wks/visits) | <input type="checkbox"/> <b>Psychology Services</b><br>Frequency ____ Duration ____ (wks/visits)          |
| <input type="checkbox"/> <b>Speech/Language Pathology</b> Frequency ____ Duration ____ (wks/visits)           |   |

**I certify the necessity of this treatment**

▶ **Physician Signature** \_\_\_\_\_ Date: \_\_\_\_\_ NPI # \_\_\_\_\_  
**Physician Name (print clearly)** \_\_\_\_\_ Tax ID # \_\_\_\_\_  
 Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email (if preferred contact method): \_\_\_\_\_

**PHYSICAL THERAPY**

- EVALUATE & TREAT** ◀
- Aquatic Therapy
  - Back Education & Back School
  - Biofeedback
  - Electrical Stimulation/TENS
  - Energy Conservation
  - Facial Palsy
  - Falls Prevention
  - Flexibility
  - Functional Mobility
  - Gait Training
  - Home Exercise Program
  - Manual Therapy
  - Posture Training
  - Orthotics/Prosthetics
  - Orthotic Fabrication
  - Stabilization: Lumbar/Cervico-Thoracic
  - Strengthening  ROM
  - Traction: Cervical/Lumbar
  - Ultrasound/Phonophoresis
  - Vestibular/Balance Training
  - Whirlpool
  - Other: \_\_\_\_\_

**WOMEN'S HEALTH**

- EVALUATE & TREAT** ◀
- Breast Cancer Rehabilitation
  - Continence Program
  - Lymphedema Management
    - Upper  Lower
  - Pelvic Pain Rehabilitation
  - Other: \_\_\_\_\_

**SPEECH/LANGUAGE PATHOLOGY**

- EVALUATE & TREAT** ◀
- Language/Communication
  - Cognitive — Communication Treatment
  - Dysphagia/Swallowing
  - Voice
  - Voice Training Services
  - Augmentative/Alternative Communication
  - Articulation (Pediatrics)
  - Accent Modification
  - Patient/Family Education & Training
  - Aphasia Clinic
  - Other: \_\_\_\_\_

**OCCUPATIONAL THERAPY**

- EVALUATE & TREAT** ◀
- ADL/Self-Care
  - Assistive/Adaptive Equipment
  - Cognitive Skills Training
  - Electrical Stimulation
  - Energy Conservation/Joint Protection
  - Functional Mobility
  - Hand Therapy (see separate category)
  - Vision: Evaluate & Treat
  - Manual Therapy
  - Neuro Re-education
  - Perceptual Motor Skills Training
  - Strengthening  ROM  Dexterity
  - Splinting/Orthotic Fabrication/Training
  - Work/Community Skills
  - Other: \_\_\_\_\_

**HAND THERAPY (PT/OT)**

- EVALUATE & TREAT** ◀
- Splinting
    - dynamic  static
    - forearm  hand  finger
    - flexion  extension
  - ROM (Range of Motion)
    - AROM  AAROM  PROM
  - Strengthening
  - Other: \_\_\_\_\_

**PSYCHOLOGY**

- Consultation & Treatment
- Adjustment to Illness Counseling
- Healthy Lifestyle Counseling
- Independent Medical Evaluation (IME)
- Medical Illness Counseling
- Neuropsychology Assessment
- Pain Management
- Relaxation Training/Stress Management
- Sleep Hygiene
- Smoking Cessation
- Other: \_\_\_\_\_

**PM&R SERVICES**

- Bethesda  Friendship Heights
- Irving Street  Montgomery
- Georgetown General Hospital
- University Hospital
- Treatment  Consultation
- EMG/Nerve Conduction
- Fluoroscopic Injection (Bethesda, Irving Street and Georgetown locations)
- Geriatric Rehabilitation
- Independent Medical Evaluation (IME)
- Joint/Trigger Point Injection
- Osteopathic Manipulation (Bethesda, Irving St)
- Oncology Rehabilitation
- Neurological Disorders
- Second Opinion
- Workers' Comp Evaluation & Treatment

**OCCUPATIONAL REHABILITATION (PT/OT)**

- Back Education & Training
- Functional Capacity Evaluation (FCE)
- Work Conditioning
- Worksite Evaluation/Ergonomic Analysis
- Other: \_\_\_\_\_

**ADDITIONAL PROGRAMS**

- Acupuncture\*\*
- Amputee Program/Vascular/Pain\* (MD, PT, Psy)
- Baclofen Pump Maintenance/Refills\*
- Cerebral Palsy Interdisciplinary Clinic\*
- Chronic Pain Management\*\* (MD, PT, OT, Psy)
- Continence/Pelvic Pain\*\* (men & women)
- Driving Evaluation (PT/OT/RE)\*
- Fibromyalgia Management
- Foot & Running Clinic
- Modified Barium Swallow\*
- Neurological Day Treatment Program\* (Stroke, TBI)
- Post-Polio Clinic\* (PT, OT, SW, MD)
- Rehab Engineering Assistive Technology\*
- SCI Fertility Clinic\*
- Seating/Mobility/Wheelchair Clinic (PT/OT/RE)
- Spasticity Clinic (Botox Injections)\* (MD,PT)
- Spinal Cord Injury Day Treatment Program\*
- Vocational Rehabilitation\*
- Wound Clinic\*
- Other: \_\_\_\_\_

\* Irving Street /Main Hospital outpatient location only. \*\*Services only offered at limited locations; please call location nearest you for assistance to find where offered.

## Washington, DC

### **Outpatient Physicians Center**

102 Irving Street, NW  
Washington, DC 20010-2949  
202-877-1621 202-829-2632 FAX

### **MedStar NRH Rehabilitation Network Irving Street**

102 Irving Street, NW  
Washington, DC 20010-2949

Physical and Occupational Therapy  
202-877-1760 202-829-2789 FAX

Speech/SLP, Dietary, Psychology, Vocational  
Rehab, Rehab Engineering  
202-877-1440 202-291-2836 FAX

### **Outpatient Center for Orthopaedic Rehab (OCOR)**

*A part of MedStar NRH Rehabilitation  
Network*

102 Irving Street, NW  
Washington, DC 20010-2949  
202-877-1566 202-877-1113 FAX

### **NRH Rehabilitation Network K Street, NW\***

2021 K Street, NW,  
Suite 215  
Washington, DC 20006-1003  
202-466-9719 202-466-9465 FAX

### **NRH Rehabilitation Network 19th Street, NW\***

1145 19th Street, NW,  
Suite 403  
Washington, DC 20036-3701  
202-721-7680 202-955-7998 FAX

## Virginia

### **MedStar NRH Rehabilitation Network Ballston**

3833 North Fairfax Drive,  
Suite 300  
Arlington, VA 22203  
703-717-6900 703-717-6909 FAX

### **MedStar NRH Rehabilitation Network McLean (Opening Fall 2012)**

6858 Old Dominion Drive  
McLean, VA 22101

## Montgomery County

### **NRH Rehabilitation Network Bethesda\***

6410 Rockledge Drive,  
Suite 600  
Bethesda, MD 20817-1844  
301-581-8030 301-581-8031 FAX

### **MedStar NRH Rehabilitation Network Chevy Chase**

5454 Wisconsin Ave.,  
Street Level  
Chevy Chase, MD 20815  
301-951-0546 301-215-4488 FAX

### **NRH Rehabilitation Network Friendship Heights\***

5530 Wisconsin Avenue,  
Suite 960  
Chevy Chase, MD 20815-4404  
301-986-4745 301-657-4678 FAX

## **www.nrhrefab.org**

### **NRH Rehabilitation Network Germantown\***

Suburban Wellness Center  
20500 Seneca Meadows Parkway,  
Suite 101  
Germantown, MD 20876  
301-916-8500 301-528-6258 FAX

### **NRH Rehabilitation Network Montrose\***

6001 Montrose Road,  
Suite 402  
Rockville, MD 20852  
301-984-6594 301-984-7271 FAX

### **NRH Rehabilitation Network Olney\*\*\***

18109 Prince Phillip Drive,  
Suite 155  
Olney, MD 20832-1591  
301-570-3138 301-570-3139 FAX

### **NRH Rehabilitation Network Wheaton\***

Westfield North  
2730 University Boulevard West,  
Suite 812  
Wheaton, MD 20902-1977  
301-962-7612 301-962-7782 FAX

## Prince George's County

### **MedStar NRH Rehabilitation Network Mitchellville**

12140 Central Avenue  
Mitchellville, MD 20721-1932  
301-390-3076 301-390-3725 FAX

### **MedStar NRH Rehabilitation Network Oxon Hill**

6196 Oxon Hill Road,  
Suite 450  
Oxon Hill, MD 20745-3108  
301-839-0400 301-839-0130 FAX

## Baltimore Area

### **MedStar NRH Rehabilitation Network Bel Air**

658 Boulton Street,  
Suite A  
Bel Air, MD 21014-4214  
410-638-9400 410-638-9061 FAX

### **MedStar NRH Rehabilitation Network Dundalk**

1576 Merritt Boulevard,  
Suite 7  
Baltimore, MD 21222-2114  
410-650-2145 410-282-5955 FAX

### **MedStar NRH Rehabilitation Network MedStar Good Samaritan Hospital**

Walker Building, First Floor  
5601 Loch Raven Boulevard  
Baltimore, MD 21239-2905  
443-444-5757 443-444-5750 FAX

### **MedStar NRH Rehabilitation Network Harborview Sports Medicine**

(Across from MedStar Harbor Hospital campus)  
2900 South Hanover Street,  
Suite 102  
Baltimore, Maryland 21225  
410-350-8372 410-350-3821 FAX

### **MedStar NRH Rehabilitation Network Perry Hall**

5009 Honeygo Center Drive,  
Suite 209  
Perry Hall, MD 21128  
443-725-2150 443-725-2155 FAX

### **MedStar NRH Rehabilitation Network Wilkins Avenue**

3455 Wilkins Avenue,  
Suite 306  
Baltimore, MD 21229  
410-737-8418 410-536-7127 FAX

### **MedStar NRH Rehabilitation Network Lutherville Hand Center**

1400 Front Avenue,  
Suite 205  
Lutherville, MD 21093-5363  
410-823-4263 410-823-1861 FAX

### **MedStar NRH Rehabilitation Network Lutherville Sports Medicine**

1407 York Road,  
Suite 100  
Lutherville, MD 21093-6077  
410-512-5820 410-512-5859 FAX

### **MedStar NRH Rehabilitation Network Stadium Place**

900 East 33rd Street  
Baltimore, MD 21218  
410-366-0791 410-366-0930 FAX

## Howard County

### **MedStar NRH Rehabilitation Network Ellicott City**

Dorsey Hall Medical Center  
9501 Old Annapolis Road,  
Suite 125  
Ellicott City, Maryland 21042  
410-997-1063 410-997-1408 FAX

## Southern Maryland

### **NRH Rehabilitation Network St. Mary's\*\***

24035 Three Notch Road (Site location)  
P.O. Box 940 (Mailing address)  
Hollywood, MD 20636  
301-373-2588 301-373-4558 FAX

### **NRH Rehabilitation Network Waldorf\*\***

3 Post Office Road,  
Suite 105  
Waldorf, MD 20602  
301-893-2345 301-638-1783 FAX

## Anne Arundel County

### **MedStar NRH Rehabilitation Network Pasadena**

8109 Ritchie Highway, Entrance B  
Pasadena, MD 21122-6917  
410-590-8750 410-590-8755 FAX

## Eastern Shore

### **Peninsula/NRH Rehabilitation Network Salisbury†**

1655 Woodbrooke Drive,  
Suite 102  
Salisbury, MD 21804  
410-546-2702 410-546-8272 FAX